Swim For Fun Aquatics Program Hidden Springs Pool

swimforfun.com cascadiaswimming.com swimforfun2002@yahoo.com 503-655-7939 hm

Summer 2021 L
Swim Lesson Program

Location: 6200 Clubhouse Drive, West Linn, Or

The goal is to learn to swim and be safe so that one may have fun in and around an aquatic environment.

Hidden Springs Registration

- 1. Registration opens Wednesday, April 28th.
- 2. Email or Mail in requests/ registrations anytime
- 3. Registrations by phone or email must have fees turned in within 3 business days or forfeit class spot See email and phone number for Kim Hay above

<u>Times available:</u> 8:30am, 9:10am, 9:50am, 10:30am, 11:10am

8:45am, 9:25am, 10:05am, 10:45am, 11:20am

Session Dates: Mon/Wed or Tue/Thur

Session 1	M/W June 28-July 7	Session 4	M/W Aug 9-18	Spring 1	M/W May 3- May 19 (3 weeks)
	T/Th June 29-July 8		T/Th Aug 10-19		T/Th May 4- May 20 (2-3 weeks)
Session 2	M/W July 12-21	Session 5	M/W Aug 23-Sep 1	Spring 2	*M/W May 24- June 2 (2 weeks)
	T/Th July 13-22		T/Th Aug 24-Sep 2		T/Th May 25- June 3 (2 weeks)
Session 3	M/W July 26- Aug 4			Spring 3	M/W June 14- June 23 (2 weeks)
	T/Th July 27- Aug 5				T/Th June 15- June 24 (2-weeks)

Cost

2-Week Session:

* No class Memorial Day

Session-	- Spring 2-3, Summe	r 1-5		
\$68	M/W or T/Th (4) cl	asses		
Session	Spring			
\$102	M/W (6) classes	Spring 1	\$68	M/W (4) classes Spring 1
\$102	T/Th (6) classes	Spring 1	\$102	T/Th (6) classes Spring 1
\$51	*M/W (3) classes	Spring 2	\$68	M/W (4) classes Spring 3
\$68	T/Th (4) classes	Spring 2	\$68	T/Th (4) classes Spring 3
Payments	s accepted by Cash, C	heck (Swim For Fun)	, Venmo accoun	t @SwimForFun-KimHay or Zelle 503-319-4523

Class Structure

Levels 1-8 (see website for level descriptions)		Pre Swim Team (PST)
3-4 children per class		3-4 children per class
(2-4) week 30 min. classes Mon/Wed or Tue/Thur		(2-4) week 30 min. classes Mon/Wed or Tue/Thur
Each level is determined by child's age and ability		must have completed Level 5 or equivalent skills
Child must be at least 3 years of age		for at least Level 6
Level 1-3 Parent participation at pool side or in the wa	ater	
Tiny Tots (TT)	8:30, 8:45	Level 6-PST and/or Level 4 or below
3-4 children per class	9:10, 9:25	Level 4-5 and/or level 3 or below
(2-4) week 30 min. classes Mon/Wed or Tue/Thur	9:50, 10:05	Level 3-4 and/or level 5 or above
Parent participation in the water at pool side	10:30, 10:45	Level 2-3 and/or level 5 or above
Child must be at least 2 years of age	11:10, 11:25	TT-1 and/or level 5 or above
There will b	e 1 or 2 teachers	at any given time upon demand and/or instructor availabiity

Kim Hay 2145 Ostman Rd West Linn, OR 97068

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Private Lessons

Available in open slots where there is no group class. Classes to be finished by noon Mon-Thur.

Private: \$35 per 1/2 hr. class per child Semi-Private: \$25 per 1/2 hr. per child

Items for Sale

fins	\$22
goggles	\$8-12
swim caps	\$6-8
diving rings	\$7-10
kick boards	\$16
pull buoys	\$8
mesh bags	\$11-20

Benefits of the Swim for Fun aquatics program:

- 1. 3 or 4:1 student to instructor ratio- other local programs 6:1
- 2. 30 min. lessons- 10 min. per child- students need to be at least 6' apart for OHA guidlelines
- 3. 2 week sessions M/W or T/Th classes- able to offer more students classes per session- easier to schedule other activities without skipping a week or two of lessons or skipping out on lessons totally
- 4. students retain skills longer with (2) weeks of lessons in a row

More lessons available at Skyline Ridge Pool and the Lake Oswego High School Pool-TBA See website for details.

Cascadia Swimmming - A year around USA swim team through Swim For Fun. See website for practice locations.

See website for more information at cascadiaswimming.com