## 2021 Spring/Summer

Swimming Lesson Covid-19 Guidelines at Hidden Springs

Swim For Fun 2145 Ostman Rd West Linn, Or 97068 503-655-7939 Swimforfun2002@yahoo.com Swimforfun.com

## General Guidelines:

Using the Hidden Springs Pool as a member for lessons Due to Covivid-19 constraints the following rules will be strictly enforced:

Stay home if you or your child is feeling sick or has a fever, cough or other COVID-19 symptoms. These patrons will not be able to swim or be on deck.

- Stay a minimum of 6 feet from other families and patrons in deck areas.
- o Please change into swim suit at home before lessons.
- Use hand sanitizer before/after leaving the pool. When you get home, wash your hands with soap and water for at least 20 seconds.
- Patrons are encouraged to use a face mask on deck at all times. If patrons are fully vaccinated, you are not required to use a face mask.
- Please arrive no more than 5 min early. There will be hand sanitizer available for washing hands.

## Swim Lessons:

- Swimmers will not be allowed to enter the pool until the instructor indicates class is starting.
- Class size may be limited for proper social distancing. (3-4) student max capacity for lessons.
   Students will be encouraged to bring their own goggles, caps, etc. Students will not be able to borrow goggles or swim suits.
- Encourage all students to maintain a safe distance apart during class, especially out of the water.
- All Pre School aged classes will have the option for a parent/guardian to participate in the
  water with their child to allow social distancing to be maintained. In water participation from
  parent/guardian may need to wear a face shield. You may provide your own or purchase from
  Swim For Fun. Face Shields \$5
- All swimmers will be expected to get out of the pool in a timely manner and exit the pool area so that next group can come in and prepare for their class.
- Safety precautions will be updated daily.



Please email back or return before first class. I have read the guidelines and will follow the rules. If my child or myself am experiencing any signs or symptoms of Covid-19 or are not feeling well in general, I will not come to lessons and will let Swim For Fun know ASAP.

Student's name:	_
Student's name:	_
Student's name:	_
Student's name:	_
Parent/Guardian Signature:	Date:

Please email for any questions at swimforfun2002@yahoo.com.

Warmest Regards, Kim Hay Swim For Fun Owner