

2021 Spring/Summer

Swimming Lesson

Covid-19 Guidelines

at Lake Oswego District Pool

Swim For Fun
2145 Ostman Rd
West Linn, Or 97068
503-655-7939
Swimforfun2002@yahoo.com
Swimforfun.com

General Guidelines:

Using the Lake Oswego District Pool as a patron for lessons or spectator Due to Covid-19 constraints the following rules will be strictly enforced:

- **Stay home if you or your child is feeling sick or has a fever, cough or other COVID-19 symptoms.** These patrons will not be able to swim or be on deck.
- **Stay a minimum of 6 feet from other families and patrons on deck areas. Physical distancing is still required.**
- Please change into swim suit at home before lessons. Lobby bathrooms are available for washing hands and using the restroom. **The locker rooms are not available.**
- There will be hand sanitizer and soap available for washing hands.
- **Patrons are required to use a face mask on deck at all times unless Documentation is provided.**
- There will be **One-Way** traffic counter clock wise around the pool so patrons are not in cross traffic. **Enter the pool area through the main Lobby entrance door.** Check in with Melissa or swim instructor. Please sit and wait on an "X" on the bleachers. Students will take off their mask right before entering the water for class. **Patrons will leave through the double doors at the deep end of the pool.**

Swim Lessons:

- **Swimmers will not be allowed to enter the pool until the instructor indicates class is starting.**
- Class size may be limited for proper physical distancing. 3-4 students max capacity for lessons.
- Students will be encouraged to bring their own goggles, caps, etc. Students will not be able to borrow goggles or swim suits. Caps and goggles are available for sale.
- Encourage all students to maintain a safe distance apart during class if not siblings or in a pod, especially out of the water.
- All instructors will wear a face shield in the water and must wear a mask when teaching from the deck. Students will remove their face mask right before they swim and put it back on right after they get out.
- All Pre School aged classes will have the option for a parent/guardian to participate in the water with their child to allow social distancing to be maintained. **If student is not able to stand independently on the tot dock, then parent/guardian participation will be required either in water or sitting pool side with their child.** In water participation from parent/guardian will need to wear a face shield. You may provide your own or purchase from Swim For Fun. Face Shields \$5
- All swimmers will be expected to get out of the pool in a timely manner and exit the pool area so that the next group can come in and prepare for their class.
- **Safety precautions will be updated daily.**

Swim For Fun
2145 Ostman Rd
West Linn, Or 97068
503-655-7939
Swimforfun2002@yahoo.com
Swimforfun.com

Please email back or return before first class. I have read the guidelines and will follow the rules. If my child or myself am experiencing any signs or symptoms of Covid-19 or are not feeling well in general, I will not come to lessons and will let Swim For Fun know ASAP.

Student's name: _____
Student's name: _____
Student's name: _____
Student's name: _____

Parent/Guardian Signature: _____ Date: _____

Please email for any questions at swimforfun2002@yahoo.com.

Warmest Regards,
Kim Hay
Swim For Fun
Owner